

*Chiropractic focuses on the cause of dis-ease.
Every organ, system and function is controlled by a nerve
supply stemming directly or indirectly through the spine.
Check chart below.*

◎ The Vital Connection

Your Spinal Column & Nervous System

Dis-ease can be caused by a vertebra (bone in the spine) being out of it's normal alignment.

Chiropractic doctors call this a vertebral subluxation.

- Sympathetic chain - Eyes, ears and other sense organs; glands and blood vessels of the brain; immune response; bone growth; fat metabolism; reaction to stress; brain function

- C4 - Nose, lips, mouth, eustachian tube, mucous membranes, lungs
- C5 - Vocal cords, neck glands, pharynx
- C6 - Neck muscles, shoulders, tonsils
- C7 - Thyroid gland, bursa in the shoulders, elbows

- T1 - Arms from the elbows down, including hands, arms, wrists and fingers; esophagus and trachea; heart
- T2 - Heart, including its valves and covering; coronary arteries; lungs; bronchial tubes
- T3 - Lungs, bronchial tubes, pleura, chest, breast, heart

- T7 - Pancreas, duodenum, stomach, liver, spleen, gallbladder, peritoneum
- T8 - Spleen, stomach, liver, pancreas, gallbladder, adrenal cortex, small intestine, pyloric valve
- T9 - Adrenal cortex, pancreas, spleen, gallbladder, ovaries, uterus, small intestine

- L1 - Large intestine, inguinal rings, uterus
- L2 - Appendix, abdomen, upper leg, urinary bladder
- L3 - Sex organs, uterus, bladder, knees, prostate, large intestine
- L4 - Prostate gland, muscles of the lower back, sciatic nerve
- L5 - Lower legs, ankles, feet, prostate

- Sacrum - Hip bones, buttocks, rectum, sex organs, genitalia, urinary bladder, ureter, prostate
- Coccyx - Rectum, anus

- C1 - Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system, eyes

- C2 - Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead, heart
- C3 - Cheeks, outer ear, face, bones, teeth, trifacial nerve, lungs

- Brachial plexus - Forms the radial, ulnar, median and other nerves that go to the muscles, joints and other structures of the shoulder, arm, wrist, hand and fingers

- T4 - Gallbladder, common duct, heart, lungs, bronchial tubes
- T5 - Liver, solar plexus, circulation (general), heart, esophagus, stomach
- T6 - Stomach, esophagus, peritoneum, duodenum

- T10 - Kidneys, appendix, testes, ovaries, uterus, adrenal cortex, spleen, pancreas, large intestine
- T11 - Kidneys, ureters, large intestine, urinary bladder, adrenal medulla, adrenal cortex, uterus, ovaries, ileocecal valve
- T12 - Small intestine, lymph circulation, large intestine, urinary bladder, uterus, kidneys, ileocecal valve

- Sacral plexus - Forms the sciatic as well as other nerves that go to muscles, joints and other structures of the leg, knee, ankle, feet and toes



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